

# Living Green with the **Eco-Superheroes**

CHILDREN'S EDUCATIONAL COLORING & ACTIVITY BOOK



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# Living Green with the Eco-Superheroes



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*This book belongs to*

**Hi there! My name is Green-Guy and along with my sister, Green-Girl, we're Eco-Superheroes.**



**Did you know that you can be an Eco-Superhero, too? It's up to us to save our planet. Let's go green together.**

**Let's face it, some of us are really messing up the earth!**



**Forests are being cut down. Too many cars burn fuel that causes the air to become polluted. This causes gases that trap heat that causes global warming. And we're dumping tons and tons of trash!**

**It's up to us Eco-Superheroes do something every single day to save the planet.**

**Go for the garden. How green is that!**



**Plant a tree. Grow some veggies. Start some flowers from seeds. And start a compost container to make your plants grow organically without chemical fertilizers.**

**All you need to make compost is:**

- **Organic like kitchen scraps**
- **Air for the bacteria to break down the scraps**
- **Water to break down scraps**



**You can make compost from fruit peels, salad trimmings from lunch and broccoli stems and potato peels. Add pine needles or dry leaves, too. Plants LOVE to grow in compost.**

**Change the world by changing light bulbs to energy saving fluorescent bulbs. If everyone in the United States replaced even ONE light bulb – it would prevent 90 billion pounds of greenhouse gas emissions from power plants.**



**That's like taking 7.5 million cars off the road.**

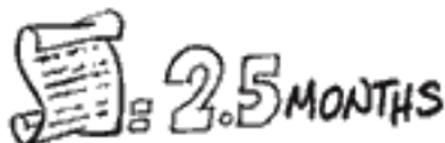
**Want to be an Eco-Superhero? Start a recycling program at home, at school or in your community.**



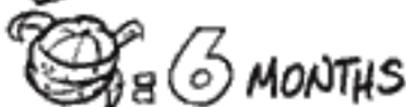
**Make special containers for paper, plastic and aluminum. When they're full, take them to a local recycling center. They can be remade into something useful and they won't be tossed into a landfill.**

Guess how long these things take to waste away?

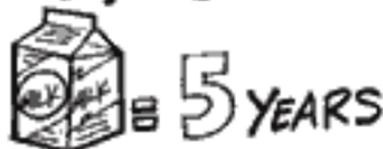
Paper



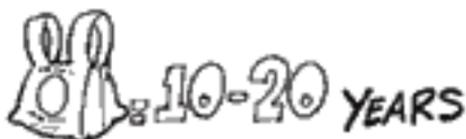
Orange Peel



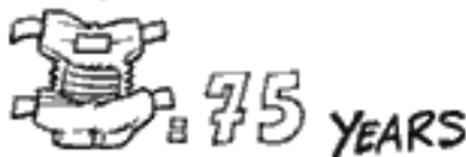
Milk Carton



Plastic bag



Disposable diaper



Tin can



Styrofoam



This is why we HAVE to recycle!

**Reusing is similar to recycling. Use both sides of paper. Draw on grocery bags.**



**Can you think of more ways to reuse? And reduce your use! Turn off the TV and remember to turn off lights when you leave a room. Take shorter showers and shut off the tap when you're brushing your teeth.**

**Plan a clean-up adventure.**



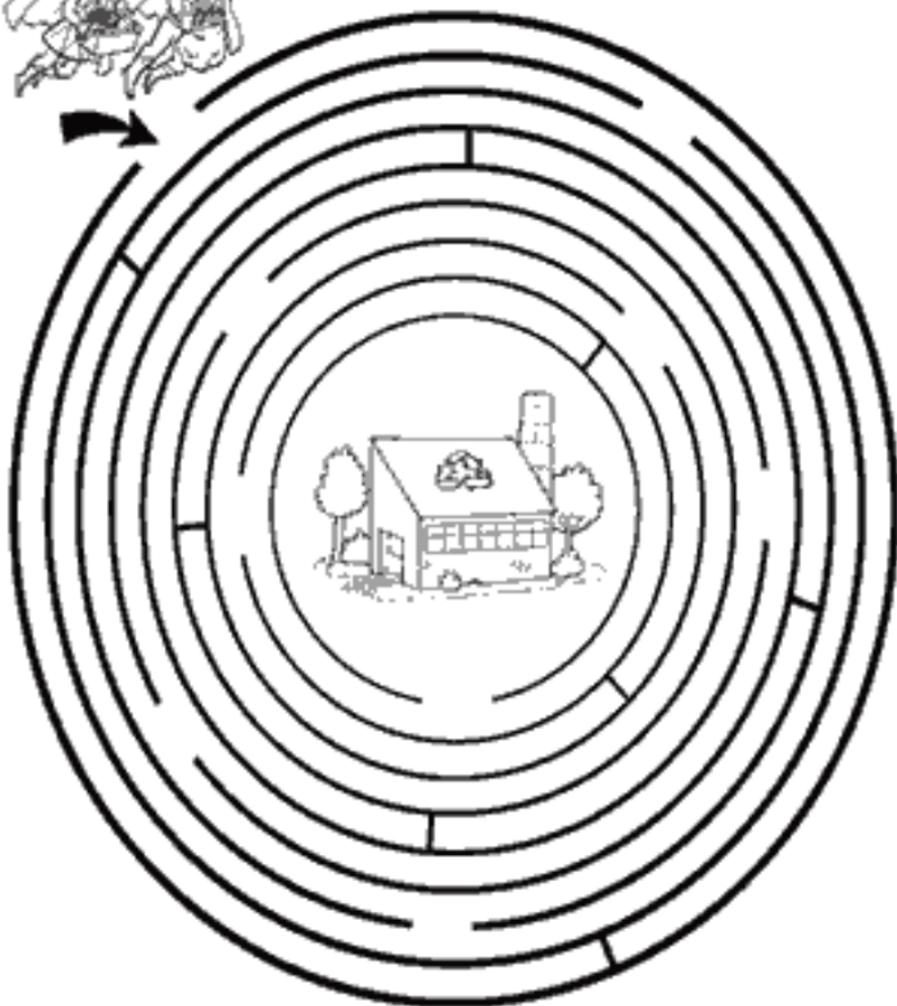
**Pick a park or a beach and pick up cans and trash.  
Sort them and bring them to a recycling center.  
You'll make the world a nicer place to live in.**



**Being an Eco-Superhero doesn't mean you have to wear a cape or have super powers. It means that you care about our planet and are willing to do something about saving it.**

# A-MAZING!

Help Green-Guy & Green-Girl find their way to the recycling center.



# Can you decode this secret message?



Match the letters of the alphabet to the number to find the answer!  
(The third word has been done for you)

- |      |
|------|
| 1=a  |
| 2=b  |
| 3=c  |
| 4=d  |
| 5=e  |
| 6=f  |
| 7=g  |
| 8=h  |
| 9=i  |
| 10=j |
| 11=k |
| 12=l |
| 13=m |
| 14=n |
| 15=o |
| 16=p |
| 17=q |
| 18=r |
| 19=s |
| 20=t |
| 21=u |
| 22=v |
| 23=w |
| 24=x |
| 25=y |
| 26=z |

8 5 12 16 9 14 7      20 15

r e c y c l e      1 14 4  
18 5 3 25 3 12 5

16 18 15 20 5 3 20      20 8 5

5 14 22 9 18 15 14 13 5 14 20

9 19      6 21 14

# FILL-IN FUN



Fill in the missing words

1. \_\_\_\_\_ can be an  
**Eco-Superhero.**
2. It takes \_\_\_\_\_ for  
**Styrofoam to go away.**
3. Recycling is a good way to go  
\_\_\_\_\_.
4. Try to renew earth's  
\_\_\_\_\_.
5. Do something every day to save  
the \_\_\_\_\_.

# WHICH ONE IS DIFFERENT?

The Eco-Superheroes are collecting recyclables.  
Which image is different from the others?



## Some of Green-Guy and Green-Girl's Favorite Funnies

### QUESTIONS:

1. Why did the green gardener plant a light bulb?
2. What can a whole orange do that half an orange can't?
3. What always falls without getting hurt?
4. Which is the fastest -- cold or heat?
5. How does Old MacDonald spell the word "Farm"?
6. Why do bees have sticky hair?
7. What is a duck's favorite TV show?
8. What is a dolphin's favorite TV show?



### ANSWERS:

1. He wanted to grow a power plant. 2. Look round. 3. Iron. 4. Heat! You can catch a cold.  
5. F. A. R. M. 6. Because of the honeycomb! 7. The Feather Forecast! 8. Whale of Fortune!

## Living Green with the Eco-Superheroes

*I promise to do my best to help  
protect the environment just like  
Green-Guy and Green-Girl  
and to recycle, reuse and reduce!*

\_\_\_\_\_  
Sign your name here



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