

Get More from your Wellness Reimbursement

There is more to staying healthy than seeing your doctor. It's up to you to make healthy choices. That's why Health New England gives you more than just coverage for your doctor visits. Health New England will reimburse you up to \$200 per individual plan and \$400 per family plan per calendar year towards services such as:*

- Acupuncture and hypnosis related to weight loss
- Aerobic/wellness classes
- Athletic event registration fees
- Bike shares
- Community supported agriculture (CSA) or farm shares
- Fitness equipment and devices (i.e., treadmill, workout videos, fitbit)
- Golf and ski tickets
- Mindfulness classes and apps
- Nutrition classes and apps
- Personal trainer fees
- Qualifying fitness club memberships
- School and town sports
- Weight Watchers®
- Wellness and fitness apps



\$200 For Individual Plans

\$400 For Family Plans